

Walking to school

It is important for children's well-being, general development and road sense that they get lots of exercise and become familiar with their local area. Please allow your child to **walk** to school with you every day from the age of 3.



Arriving at school

Children are expected to **hang up their own coats, recognise their own names** and put **their labels on the self-registration board**.



Eating and drinking

At school, children have their daily drinks from a **normal cup** or a milk carton with a **straw**. Reception children should be able to **eat with a knife and fork**, or **manage their own packed lunch**.



Clothes

We encourage all our children to take their own **coats, jumpers and shoes** on and off.

Reception children need to be able to **fasten their own coats (zip or buttons)**. It is a great source of pride to a child when s/he learns to do this.

Allowing your child to dress or undress for school in the morning and for bed in the evening will help him / her develop these skills.



Oxford Road Community School
Foundation Stage

Encouraging your child to be independent at school



"The greatest gifts you can give your children are the roots of responsibility and the wings of independence"

Starting school is a significant moment in a child's life. You may be wondering how you can best help your child to be ready when the time comes. This leaflet tells you about the skills you can encourage in your child, to give him / her the best chance of getting off to a flying start. As your child becomes more independent, you can relax a little, knowing that they have learned to manage for themselves things that you once had to do for them!

Hygiene

Children need to be able to **ask for the toilet** when they need it and **use it without adult support**.

They need to be able to **wash and dry their hands** when necessary.



Choosing lunch

(Reception children only)

You will be given a school lunch menu so that you can talk to your child about what s/he would **like to have for lunch** each day.



Reception children enjoy **writing their own names** on the lunch board.

